

# Inclusive Sport Case Study: Golf

## Golf Australia

Golf is a sport that offers range of inclusive options for people with a disability. Golf Australia works closely with a variety of organisations including Sport Inclusion Australia to assist and support people with a disability who are looking to get involved in golf.



## Golf Queensland

Golf Queensland is committed to creating pathways for athletes with a disability by breaking down the barriers to participation within the sport of golf through the use of policy development, coach and administrator education, development programs, research, partnerships and extensive promotion.

## Redcliffe Golf Club

Redcliffe Golf Club is a picturesque 18 hole Championship Golf Course located on the friendly Redcliffe Peninsula in the suburb of Clontarf in Queensland. The club offers a wide range of golf facilities and services, with the Championship Par 71 Course being a very popular challenge for all levels of golfers. The club is highly sought after amongst social groups, visitors and social players and welcomes all local community and visitors. Redcliffe Golf Club was recognised as the “2014 Golf Club of the Year.”

## **Redcliffe Golf Club Inclusive Program**

Redcliffe runs an inclusive program for people with a disability. The program is conducted by Laura McCahon, Brendan Monaghan and club professional Freddy Hay, with assistance of other club volunteers. Participants who undertake the program learn about all aspects of the game, including skill development and course management which ensures a positive transition into generic competition pathways. The goal of the Inclusive Program is to develop basic golf skills and confidence to effectively participate in the available pathway:

Introductory Inclusive Program:

- Introductory level grass roots program

Sub-Junior Training Program:

- Beginner and Intermediate training program

Sub-Junior Golf Competition:

- Performance pathway competition including progression through 3, 8 and 11 Hole competitions using handicap system

Golf Queensland Inclusive State Championships

- Performance pathway culminating in an annual event for golfers with a disability

**Inclusive practice achieved by:**

- Establishing a clear pathway (as above)
- Providing opportunity for participants to develop social engagement skills and friendships
- Recruiting key personnel to be involved with implementation and delivery
- Supporting existing Club Members to give their time and skills through volunteering
- Providing training/skill development for club volunteers i.e. Community Golf Instructor Program
- Supporting Club Members to become mentors for participants as they transition from Sub-Junior Program/competition to mainstream Club Competitions
- Providing opportunities for existing Club Members to participate in Unified Golf Competitions alongside golfers with a disability
- Ensuring strong junior membership and participation in mainstream club member competitions

For more information contact

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