



Sport Eligibility for Athletes with an Intellectual Impairment

Sport Class	Eligibility Criteria	Evidence Required	Paralympic Sports	Virtus
INAS II-1: Virtus II-1: Intellectual Impairment Paralympic Classes: Athletics T20 Swimming S14 Table Tennis 11 World Taekwondo: Para Class P20	Athletes with Intellectual Disability: <ol style="list-style-type: none"> Full-Scale IQ score of 75 or lower; Significant limitations in adaptive behaviour; and onset before age 18 	EVIDENCE REQUIRED: <ol style="list-style-type: none"> Weschler WAIS/WISC or Stanford Binet IQ Scores within last 5 years Vineland, ABAS, or AAMR Adaptive Behaviour Assessment, Report and Summary of Scores within last 5 years. IQ or other relevant scores or diagnosis from before age 18 referenced in a report. 	<ul style="list-style-type: none"> Athletics (T20) 400m 1500m Long Jump Shotput Swimming (S14) 100m Freestyle 200m Freestyle 100m Backstroke 100m Breaststroke 100m Butterfly 200m Individual Medley 4x100m Freestyle Relay Table Tennis (Class 11) Singles 	<ol style="list-style-type: none"> Athletics (All events) Basketball Cricket Cycling Equestrian Football (Soccer) Futsal Rowing Skiing Nordic/Alpine Swimming (All events) Table Tennis (All events) Taekwondo (Includes Para World Taekwondo P20 Class) Tennis
*Virtus II-2: Down syndrome	Athletes with Down syndrome who have: <ol style="list-style-type: none"> A formal diagnosis of Down syndrome including type (Trisomy 21, etc) For safety athletes must not have symptomatic Atlantoaxial Instability (AAI) 	EVIDENCE REQUIRED: <ol style="list-style-type: none"> Copy of genetic testing showing a formal diagnosis and type of Down syndrome (Tri21) or statement from Physician. AAI status signed by Physician (See Athlete Application Page 3) and copy of AAI exam results if available. 	<p>There is not a separate class for Down syndrome in Paralympic sport.</p> <p>Athletes with Down syndrome who also meet the criteria for II-1 intellectual disability may be classified in that class to be eligible for Paralympic events.</p>	<ol style="list-style-type: none"> Athletics Swimming Tennis
*Virtus II-3: High Functioning Autism	Athletes with (High Functioning) Autism who have: <ol style="list-style-type: none"> A Full-Scale score IQ of above 75, OR no diagnosis of intellectual disability, and; A Formal diagnosis of Autism, ASD or Asperger's syndrome <p>Note: Athletes with Autism who meet the criteria for II-1 intellectual disability will be classified in that class.</p>	EVIDENCE REQUIRED: <ol style="list-style-type: none"> A formal diagnosis (or confirmation of previous diagnosis) of Autism, ASD or Asperger's syndrome, carried out by a licensed psychologist, using accepted diagnostic techniques such as ADOS,ASRS, ICD-10 Criteria for Autism, and background history, etc given within the last 5 years. Athletes should include IQ and Adaptive Behaviour assessments to determine if they meet criteria for intellectual disability. 	<p>There is not a class for High Functioning Autism in Paralympic sport.</p> <p>Athletes with Autism who also meet the criteria for II-1 intellectual disability will be classified in that class and are eligible for Paralympics.</p>	<ol style="list-style-type: none"> Athletics Cycling Swimming Table Tennis Tennis
Mainstream Sport	Sport Inclusion Australia works with athletes with intellectual and developmental disability to integrate into their group in mainstream sport. We ask interested athletes to complete an eligibility application so that we know if they can potentially compete in individual Inas or Paralympic events.			

*Virtus recently began piloting two additional eligibility groups II-2 & II-3 to be recognised at Virtus. The criteria for these groups and sports offered will be revised/expanded as the project progresses and research data becomes available.

Who's Who in Virtus & Paralympic Sport



Virtus World Intellectual Impairment Sport is responsible for managing and overseeing the eligibility process for athletes wishing to compete within Virtus and Paralympic competition. Virtus, formerly INAS, is a founding member of the International Paralympic Committee (IPC) and hosts World & Regional Championships, Global Games and other International events open to athletes with intellectual impairment in 13 sports from 3 Eligibility Groups: Intellectual disability, Down syndrome, and High Functioning Autism.



Sport Inclusion Australia is the sole Australian member of Virtus and oversees Australian athletes applications for Virtus & Paralympic sports eligibility for intellectual and developmental disability sports classes. After an athlete's eligibility application is complete and endorsed by our National Eligibility Officer, we submit it to the Virtus Eligibility Committee for International endorsement. Sport Inclusion Australia assists the National Sporting Organisations to select and organise Australian teams to participate at Virtus World Championships and Global Games.



The International Paralympic Committee (IPC) is responsible for overseeing the Paralympic Games, World Championships and Sports Specific Classification. In 2012 the IPC re-included athletes with Intellectual disability in select events in three sports: Swimming, Athletics and Table Tennis. Virtus works with the IPC on primary eligibility determination.



Paralympics Australia (PA) is responsible for overseeing the preparation and management of Australian teams that participate at the Summer Paralympics and the Winter Paralympics. The first step toward IPC eligibility for athletes with Intellectual impairment is to apply to Sport Inclusion Australia.