



Sport Eligibility for Athletes with an Intellectual Impairment

Sport Class	Eligibility Criteria	Evidence Required	INAS Sport	Paralympic Sport/Classes
INAS II-1: Intellectual Disability	<ul style="list-style-type: none"> Full-Scale IQ score of 75 or lower; Significant limitations in adaptive behaviour; Onset before age 18 	<ul style="list-style-type: none"> IQ Assessment report based on Weschler WAIS/WISC, Stanford Binet or Raven Matrices within last 5 years; Adaptive Behaviour Assessment report based on Vineland, ABAS, or clinical observation within last 5 years; IQ or other relevant scores or diagnosis from before age 18 referenced in a report. 	<ul style="list-style-type: none"> Athletics (All events) Basketball Cricket Cycling Equestrian Football Futsal Handball Hockey Rowing Skiing (Nordic & Alpine) Swimming (All events) Table Tennis (All events) Taekwondo (Poomsae) P20 Tennis 	<ul style="list-style-type: none"> Athletics (T/F20) 400m 1500m Long Jump Shotput Swimming (S14) 100m Freestyle 200m Freestyle 100m Backstroke 100m Breaststroke 100m Butterfly 200m Individual Medley 4x100m Freestyle Relay Table Tennis (Class 11) Singles
*INAS II-2: Significant Intellectual Disability This group is currently restricted to athletes with Down syndrome (excluding Mosaic DS)	<ul style="list-style-type: none"> A formal diagnosis of Trisomy 21 or Translocation Down syndrome; For safety athletes must not have symptomatic Atlantoaxial Instability (AAI); Athletes with Mosaic Down syndrome may compete in II-1 above 	<ul style="list-style-type: none"> Copy of genetic testing showing a formal diagnosis of Trisomy 21/Translocation Down syndrome or statement from Physician; AAI status signed by Physician and copy of AAI exam results if available. 	<ul style="list-style-type: none"> Athletics Swimming Table Tennis Tennis <p>Note: Athletes may register for both II-1 and II-2 if the evidential requirements are met</p>	<p>There are no separate classes/events for II-2 athletes in Paralympic sport.</p> <p>Athletes should apply for II-1 eligibility if wishing to compete in Paralympic events.</p>
*INAS II-3: High Functioning Autism	<ul style="list-style-type: none"> A Full-Scale IQ score of above 75, OR a diagnosis of no intellectual disability, and; A Formal diagnosis of Autism or ASD <p>Note: Athletes with Autism who meet the criteria for II-1 Intellectual Disability will be classified in that class.</p>	<ul style="list-style-type: none"> A formal diagnosis of Autism, ASD, conducted by a licenced psychologist within the last 5 years Athletes should include IQ and Adaptive Behaviour assessments to determine that they do not meet the criteria for II-1 (intellectual disability) 	<ul style="list-style-type: none"> Athletics Swimming Table Tennis Tennis 	<p>There are no separate classes/events for II-3 athletes in Paralympic sport.</p>
Mainstream Sport	<p>Sport Inclusion Australia works with national and state sporting organisations to build their capacity to be welcoming and inclusive of people with an impairment, particularly those with an intellectual impairment. We also work with these organisations to support INAS pathways. Athletes are encouraged to complete an eligibility application so, if appropriate can compete in individual INAS or Paralympic events.</p>			

*INAS recently began piloting two additional eligibility groups II2 & II3 to be recognised at INAS events. The criteria for these groups and sports offered will be revised/expanded as the project progresses and research data becomes available.

Who's Who in INAS & Paralympic Sport



INAS is the International Federation for Athletes with Intellectual Impairments and is responsible for managing and overseeing the eligibility process for athletes wishing to compete within INAS and Paralympic competition. INAS is a founding member of the International Paralympic Committee (IPC) and hosts World & Regional Championships, Global Games and other International events open to athletes with intellectual impairment in 16 sports from 3 Eligibility Groups: Intellectual Disability, Down syndrome, and High Functioning Autism.



Sport Inclusion Australia is the Australian member of INAS and oversees Australian athlete's applications for INAS & Paralympic sports eligibility for intellectual disability sports classes. After an athlete's eligibility application is complete and endorsed by our National Eligibility Officer, we submit it to the INAS Eligibility Committee for International endorsement. Sport Inclusion Australia assists the National Sporting Organisations to select and organise Australian teams to participate at INAS World Championships and Global Games.



The International Paralympic Committee (IPC) is responsible for overseeing the Paralympic Games, World Championships and Sports Specific Classification. In 2012, the IPC re-included athletes with Intellectual disability in select events in three sports: Swimming, Athletics and Table Tennis.



The Australian Paralympic Committee (APC) is responsible for overseeing the preparation and management of Australian teams that participate at the Summer Paralympics and the Winter Paralympics. The first step toward APC eligibility for athletes with Intellectual disability is to apply to Sport Inclusion Australia.