





## Sport Eligibility for Athletes with an Intellectual Impairment

Sport Class	Eligibility Criteria	Evidence Required	Australia National Sports	Paralympic Sports	Virtus
<b>Virtus II-1 Intellectual disability</b>  Paralympic Classes: Athletics T20/F20  Swimming S14  Table Tennis 11 World Taekwondo: Para Class P20	Athletes with intellectual disability: 1. Full-Scale IQ score of 75 or lower; 2. Significant limitations in adaptive behaviour; 3. and onset before age 22	<b>EVIDENCE REQUIRED:</b> 1. Weschler WAIS/WISC or Stanford Binet IQ Scores within last 5 years 2. Vineland, ABAS, or AAMR Adaptive Behaviour Assessment Report and Summary of Scores within last 5 years. 3. IQ or other relevant scores or diagnosis from before age 22 referenced in a report.	<ul style="list-style-type: none"> <li>Athletics</li> <li>AFL</li> <li>Basketball</li> <li>Cricket</li> <li>Cycling</li> <li>Equestrian</li> <li>Football (Soccer/Futsal)</li> <li>Golf</li> <li>Judo</li> <li>Netball</li> <li>Rowing</li> <li>Skiing - Alpine</li> <li>Swimming</li> <li>Table Tennis</li> <li>Taekwondo</li> <li>Tennis</li> <li>Ten Pin Bowling</li> <li>Triathlon</li> <li>Lawn Bowls</li> </ul>	<b>1. Athletics (T20/F20)</b> <ul style="list-style-type: none"> <li>400m</li> <li>1500m</li> <li>Long Jump</li> <li>Shot put</li> </ul> <b>2. Swimming (S14)</b> <ul style="list-style-type: none"> <li>200m Freestyle</li> <li>100m Backstroke</li> <li>100m Breaststroke</li> <li>100m Butterfly</li> <li>200m Individual Medley</li> <li>4x100m Mixed Freestyle Relay</li> </ul> <b>3. Table Tennis (Class 11)</b> <ul style="list-style-type: none"> <li>Singles Men</li> <li>Singles Women</li> </ul>	1. Athletics (All events) 2. Basketball 3. Cricket 4. Cycling 5. Equestrian 6. Football (Soccer) 7. Futsal 8. Golf 9. Hockey 10. Judo 11. Karate 12. Rowing 13. Sailing 14. Skiing Nordic/Alpine 15. Swimming (All events) 16. Table Tennis (All events) 17. Taekwondo (Includes Para World P20 Class) 18. Tennis
<b>Virtus II-2 Significant other impairment e.g., Down syndrome</b>	Athletes with Down syndrome who have: 1. A formal diagnosis of Trisomy 21 or Translocation Down syndrome. 2. For safety, athletes must not have symptomatic Atlantoaxial Instability (AAI).  Athletes with intellectual disability who have: 1. Satisfied the II-1 eligibility criteria, and 2. meet the FAST test requirements.  Note: Mosaic Down syndrome is not an eligible criteria for II-2	<b>EVIDENCE REQUIRED:</b> 1. Genetic testing showing a formal diagnosis and type of Down syndrome (Tri21) or statement from Physician (blood test). 2. AAI status signed by Physician (See Athlete Application Page 3) and copy of AAI exam results if available. 3. Satisfactory completion of FAST screening for athletes with an intellectual disability.	<ul style="list-style-type: none"> <li>Athletics</li> <li>Swimming</li> <li>Tennis</li> <li>Golf</li> <li>Judo</li> </ul>	There is no class for Down syndrome in Paralympic sport.  Athletes with Down syndrome who also meet the criteria for II-1 intellectual disability must complete II-1 eligibility and be classified in that class and compete in II-1 to be eligible for Paralympic events.	1. Athletics 2. Cycling 3. Equestrian 4. Swimming 5. Skiing Nordic/Alpine 6. Table Tennis 7. Taekwondo 8. Tennis 9. Judo 10. Karate 11. Rowing
<b>Virtus II-3 Autism</b>	Athletes with Autism who have: 1. A Formal diagnosis of Autism, ASD or Asperger's syndrome 2. A copy of an autism assessment report (based on one of the approved tests is needed).	<b>EVIDENCE REQUIRED:</b> 1. A formal diagnosis of Autism, ASD or Asperger's syndrome, carried out by a qualified professional, using accepted diagnostic techniques such as ADOS, ASRS, ADR, CARS, GARS AAA, DISCO, RIMLAND. 2. In some cases where the above tools have not been used, but specific comprehensive evidence has been gathered by a multi-disciplinary team, and mapped against either the ICD 11 or DSM 5 frameworks, this may be acceptable at the discretion of the eligibility panel.	<ul style="list-style-type: none"> <li>Swimming</li> <li>Tennis</li> <li>Judo</li> </ul>	There is no class for Autism in Paralympic sport.  Athletes with Autism who also meet the criteria for II-1 intellectual disability must complete II-1 eligibility and be classified in that class and compete in II-1 to be eligible for Paralympic events.	1. Athletics 2. Cycling 3. Equestrian 4. Swimming 5. Skiing Nordic/Alpine 6. Table Tennis 7. Taekwondo 8. Tennis 9. Judo 10. Rowing
<b>Mainstream Sport</b>	Sport Inclusion Australia works with athletes with intellectual and developmental disability to integrate into their group in mainstream sport. We ask interested athletes to complete an eligibility application so that we know if they can potentially compete in individual Virtus or Paralympic events.				

# Who's Who in Virtus & Paralympic Sport

	<p><b>Virtus is the international federation for athletes with an intellectual impairment.</b> Established in 1986, Virtus (formerly INAS) is a founding member of the International Paralympic Committee (IPC) and is one of only three recognised International Organisation of Sport for Disability (IOSD).</p> <p>Virtus is responsible for managing and overseeing the eligibility process for athletes wishing to compete within Virtus competitions across the three eligibility Groups: II-1(Intellectual disability), II-2 (II-1+ Significant other impairment), II-3 (Autism), and governs the eligibility process for II-1 athletes competing in Paralympic events. Virtus Members hosts National and World Championships, Regional Games and the Virtus Global Games in the year preceding a Paralympic Games.</p>
	<p><b>Sport Inclusion Australia (SIA) is a National Sporting Organisation</b> established in 1986 to assist the inclusion of people with an impairment, primarily an intellectual impairment into the mainstream community using sport as the medium.</p> <p><b>SIA</b> is the Australian member of Virtus and oversees Australian athlete's applications for Virtus &amp; Paralympic sports eligibility for intellectual and developmental disability sports classes. After an athlete's eligibility application is complete and endorsed by our National Eligibility Officer, it is submitted to the Virtus Eligibility Committee for International endorsement. Sport Inclusion Australia assists the National Sporting Organisations to select and organise Australian teams to participate at Virtus World Championships and Global Games.</p>
	<p><b>The International Paralympic Committee (IPC)</b> is responsible for overseeing the Paralympic Games, World Championships and Sports Specific Classification. In 2012 the IPC re-included athletes with Intellectual disability in select events in three sports: Swimming, Athletics and Table Tennis. Virtus works with the IPC on primary eligibility determination, and since 2017 has established a joint IPC x Virtus working party for identifying preferred sports for the Paralympic program.</p>
	<p><b>Paralympics Australia (PA)</b> is responsible for overseeing the preparation and management of Australian teams that participate at the Summer Paralympics and the Winter Paralympics. The first step toward IPC eligibility for athletes with Intellectual impairment is to apply to Sport Inclusion Australia.</p>

Visit [www.sportinclusionaustralia.org.au/eligibility](http://www.sportinclusionaustralia.org.au/eligibility) for more information and to apply.